



SHREWSBURY ASC AUTUMN OPEN MEET (3WM181734)

6th & 7th OCTOBER 2018

Under ASA Laws and FINA Technical Rules
(Affiliated to Shropshire ASA and West Midlands ASA)

Promoter's Conditions

1. This event is designated by the ASA for entry into County and Regional Competitions and Championships.
2. This meet will be licensed at Level 3.
3. The event will be held at the Central Baths, 3 Bath Avenue, Wolverhampton WV1 4EG. The pool is 25 metres with 8 lanes.
4. Age groups will be: 9, 10/11, 12/13, 14/15, 16 & Over. Age will be the age of the swimmer on 7th October 2018.
5. The Meet pack will be available from 1st July 2018 on the SASC website, www.shrewsburyasc.co.uk
6. **Entries will open on Saturday 25th August 2018** and will be on a first-come first-served basis.
7. **Closing date for entries is Saturday 15th September 2018** (midnight). Entries received after this date may not be accepted. The promoter reserves the right to close entries if the event becomes full before this date. No refunds will be made to competitors who withdraw after advice of acceptance. However, refunds on medical grounds may be considered.
8. All entrants must be ASA Category 2 registered members of their Association and of an affiliated Club, and amateurs as defined by ASA Laws.
9. All events cost **£5.50**. Club entries must be submitted electronically and a correctly completed Summary Sheet sent to Shrewsbury ASC with one cheque to cover all entries and Poolside Passes. Individuals may submit paper entries. Payment can be made online using your club's name or individual's name as reference. SASC bank details are shown on the entry forms. Payment can also be by cheque made payable to "Shrewsbury ASC".
10. Events will be 50m, 100m and 200m all strokes, 100m, 200m and 400m IM and 400m Free. Please note: 9 year olds may not enter 100s or 400 IM
11. Entry times must be short course (25m) or converted from 50m to 25m. Times must be equal to, or faster than the "Faster than" times and must be slower than the "Slower than" times.
12. The promoter reserves the right to refuse an entry. Incorrect, incomplete or illegible entries and entries without the correct fees will not be accepted. Entries are accepted on the understanding that the competitor accepts the Promoter's Conditions. Swimmers' ASA Numbers MUST be shown on the entry form.
13. Acceptances and refunds will be advised by email at the earliest opportunity. Refunds will be made available for collection on day of meet – please await announcement.
14. The Meet will run without entry cards. Withdrawals must be posted no later than 45 minutes before the start of the session. It will be the responsibility of coaches to ensure that their swimmers are fully aware of this arrangement.

15. Poolside Passes will cost £18 for a full weekend and will include a programme, start lists and buffet lunch. They will be available to collect at the Meet and MUST be purchased beforehand, they will NOT be sold on the day.
16. Events may have “over the top” starts except backstroke which may have “side-by-side” starts.
17. All events will be Heat Declared Winner.
18. The order of the events may be changed at the discretion of the referee.
19. Entries will be seeded into heats from submitted times, with the slowest heat first. The final heat of each event will be spear-headed.
20. Spectators will be charged for entry: £4.00 per session, £7.00 for all day, £12 for full weekend. Programmes for the full weekend will cost £3.00.
21. Awards will be given to 1st, 2nd and 3rd in each event and age group (9, 10/11, 12/13, 14/ 15, 16 & Over). Awards must be collected at the Meet. No awards will be forwarded afterwards unless it is the fault of SASC that they couldn't have been collected.
22. There will be Top Boy and Top Girl Awards in each age group which will be presented at the end of the Sunday afternoon session. These will be calculated on a points system with 1st = 6 pts, 2nd = 5 pts, 3rd = 4 pts etc. Again, these must be collected on the day.
23. There will be a trophy for the Top Visiting Club.
24. **No photography** will be permitted at this event. SASC will make every effort to appoint a professional photographer but this is not guaranteed.
25. Please note that whilst Shrewsbury ASC is hiring the pool we do not have exclusive use of the venue itself. Therefore gym members may be using the changing rooms at any time during the weekend. They are “members of the gym” whose details are recorded with the venue, they are not general members of the public walking in off the street.
26. Data Protection. In line with the new GDPR regulations (*May 2018*): By entering this Open Meet, you agree to personal information, such as swimmers' names, age category (but NOT date of birth) and times, appearing when the results are published. You also agree to Shrewsbury ASC passing such information (including Date of Birth) on to Swim England to be entered onto the ASA Rankings.
27. The event is run under ASA Laws and FINA Technical Rules, and any laws or rules not covered by the Promoter's Conditions shall be covered by the ASA Laws on Open Competitions. By submitting an entry, participants have deemed to agree to such decisions.
28. The Promoter reserves the right to amend the Conditions if necessary to ensure the smooth running of the Meet, having first obtained the approval of the Licensing Officer.

Further information can be obtained from the Promoter:

Mrs Kath Kynaston, kath.kynaston@btinternet.com

34 Westfields Close, Baschurch, Shrewsbury, Shropshire SY4 2EW

SHREWSBURY ASC AUTUMN OPEN MEET 2018

Licence No: 3WM181734

PROGRAMME OF EVENTS

Saturday 6th October 2018

Warm up 8.30am Start 9.30am

SESSION 1

Event 01	M	400 Free
Event 02	F	200 IM
Event 03	M	50 Breast
Event 04	F	50 Free
Event 05	M	200 Back
Event 06	F	100 Back
Event 07	M	100 Fly
Event 08	F	200 Fly
Event 09	M	50 Back

Saturday 6th October 2018

Warm up TBC Start TBC

SESSION 2

Event 10	F	400 IM
Event 11	M	200 Free
Event 12	F	50 Fly
Event 13	M	200 Fly
Event 14	F	100 Free
Event 15	M	200 Breast
Event 16	F	100 Breast
Event 17	M	100 IM

Sunday 7th October 2018

Warm up 8.30am Start 9.30am

SESSION 3

Event 18	F	400 Free
Event 19	M	200 IM
Event 20	F	50 Breast
Event 21	M	50 Free
Event 22	F	200 Back
Event 23	M	100 Back
Event 24	F	100 Fly
Event 25	M	50 Fly
Event 26	F	50 Back

Sunday 7th October 2018

Warm up TBC Start TBC

SESSION 4

Event 27	M	400 IM
Event 28	F	200 Free
Event 29	M	100 Free
Event 30	F	200 Breast
Event 31	M	100 Breast
Event 32	F	100 IM

BOYS (SC times)

		9	10 & 11	12 & 13	14 & 15	16 & Over
50 Free	Faster than	59.50	52.70	43.90	38.00	36.50
	Slower than	36.00	31.70	28.70	25.50	23.90
100 Free	Faster than		1.44.50	1.32.40	1.22.30	1.18.50
	Slower than		1.06.10	57.10	52.90	51.90
200 Free	Faster than	4.45.70	3.54.00	3.23.70	2.58.50	2.47.10
	Slower than	3.01.00	2.34.70	2.17.10	2.03.00	1.54.30
400 Free	Faster than	8.50.00	8.08.00	7.10.58	6.20.40	5.55.00
	Slower than	5.40.00	5.18.00	4.22.26	4.15.66	4.03.00
50 Breast	Faster than	1.16.30	1.07.30	55.00	47.80	44.20
	Slower than	47.40	40.90	36.00	31.70	30.20
100 Breast	Faster than		2.24.50	1.59.20	1.43.50	1.37.30
	Slower than		1.30.00	1.13.00	1.08.30	1.05.90
200 Breast	Faster than	5.58.80	5.14.50	4.20.50	3.45.50	3.30.90
	Slower than	3.47.00	3.16.40	2.53.60	2.34.10	2.29.50
50 Fly	Faster than	1.06.60	58.00	49.10	41.20	39.70
	Slower than	41.00	35.10	31.60	28.00	25.90
100 Fly	Faster than		2.00.80	1.45.80	1.32.00	1.24.00
	Slower than		1.22.00	1.04.00	58.50	58.30
200 Fly	Faster than	5.40.20	4.36.20	3.52.00	3.22.20	3.06.90
	Slower than	3.38.00	2.57.90	2.35.30	2.20.00	2.11.40
50 Back	Faster than	1.08.10	1.01.90	55.80	42.70	40.10
	Slower than	41.70	36.50	32.70	28.00	27.85
100 Back	Faster than		1.59.30	1.46.60	1.32.60	1.25.70
	Slower than		1.12.50	1.04.60	1.01.00	1.00.90
200 Back	Faster than	5.14.60	4.35.20	3.47.10	3.18.90	3.04.40
	Slower than	3.17.00	2.51.20	2.31.90	2.15.00	2.11.90
100 IM	Faster than		2.25.08	1.55.60	1.38.97	1.35.22
	Slower than		1.20.20	1.08.80	1.04.10	1.00.70
200 IM	Faster than	5.27.10	4.43.20	3.52.90	3.21.20	3.09.90
	Slower than	3.22.90	2.54.80	2.35.90	2.16.20	2.12.10
400 IM	Faster than		9.27.40	8.08.60	7.12.60	6.40.30
	Slower than		5.32.40	5.28.90	4.37.10	4.32.50

GIRLS (SC times)

		9	10 & 11	12 & 13	14 & 15	16 & Over
50 Free	Faster than	59.60	52.80	44.10	40.90	39.50
	Slower than	36.20	32.20	30.00	27.90	27.00
100 Free	Faster than		1.47.40	1.35.60	1.27.60	1.24.90
	Slower than		1.04.50	1.00.40	0.58.40	57.90
200 Free	Faster than	4.27.30	3.53.50	3.24.90	3.09.00	3.01.80
	Slower than	3.01.60	2.34.20	2.21.20	2.14.10	2.06.10
400 Free	Faster than	9.09.00	8.11.01	7.06.01	6.34.80	6.20.10
	Slower than	6.10.00	4.53.98	4.33.85	4.23.10	4.21.85
50 Breast	Faster than	1.16.40	1.07.40	56.80	51.20	49.60
	Slower than	47.60	41.10	37.60	35.00	34.10
100 Breast	Faster than		2.17.60	2.01.20	1.51.60	1.45.80
	Slower than		1.19.50	1.15.70	1.14.80	1.12.03
200 Breast	Faster than	5.36.40	4.58.00	4.18.80	3.56.20	3.48.00
	Slower than	3.47.10	3.16.30	2.57.70	2.49.80	2.42.90
50 Fly	Faster than	1.06.80	58.40	48.70	44.70	42.90
	Slower than	41.30	35.40	32.70	31.20	29.20
100 Fly	Faster than		2.01.70	1.45.20	1.37.20	1.33.50
	Slower than		1.11.00	1.07.40	1.04.90	1.01.90
200 Fly	Faster than	5.25.30	4.31.40	3.51.10	3.31.10	3.22.80
	Slower than	3.39.40	2.57.20	2.37.10	2.29.80	2.27.00
50 Back	Faster than	1.08.20	1.00.10	50.80	47.60	44.80
	Slower than	41.90	36.40	33.80	32.20	31.10
100 Back	Faster than		2.01.80	1.46.70	1.38.90	1.33.80
	Slower than		1.16.50	1.07.30	1.06.30	1.04.80
200 Back	Faster than	4.55.10	4.18.80	3.45.60	3.28.00	3.19.80
	Slower than	3.17.70	2.49.70	2.34.10	2.28.00	2.25.90
100 IM	Faster than		1.59.76	1.43.96	1.33.06	1.25.41
	Slower than		1.18.00	1.12.70	1.10.80	1.08.60
200 IM	Faster than	5.02.30	4.23.40	3.52.50	3.23.50	3.24.10
	Slower than	3.22.00	2.54.20	2.39.90	2.30.00	2.23.50
400 IM	Faster than		9.24.15	8.05.90	7.27.90	7.09.50
	Slower than		5.29.90	5.02.80	4.54.80	4.49.90

SHREWSBURY ASC AUTUMN OPEN MEET 2018

ENTRY FORM

Affiliated to the West Midland Region

Under ASA Laws and Technical Rules

Swimmers must be ASA\WASA\SASA registered to be eligible to compete in the Meet

This entry form is for Club use and for individual entrants.

Club entries to be submitted electronically.

PLEASE PRINT NAMES & SUBMITTED TIMES CLEARLY IN BLOCK CAPITALS

Swimmer's Name: Club:

Date of Birth: Male/Female: Para Swimmer? Yes/No

Age on 7th October 2018: ASA/WASA No:

Email address (individual entries only)

Entry times must be short course (25m) or converted from 50m to 25m.

Event	Submitted Time	Event	Submitted Time
50m Freestyle		50m Backstroke	
100m Freestyle		100m Backstroke	
200m Freestyle		200m Backstroke	
400m Freestyle		50m Butterfly	
50m Breaststroke		100m Butterfly	
100m Breaststroke		200m Butterfly	
200m Breaststroke		200m Ind Medley	
100m Ind Medley		400m Ind Medley	

Total No of Events entered @ £5.50 per event = £

PLEASE MAKE CHEQUES PAYABLE TO: "SHREWSBURY ASC"

or pay using BACS/Online Banking: 40-41-30 / 42035235 / Shrewsbury ASC.

Closing date for entries: SATURDAY 15TH SEPTEMBER 2018 (Midnight)

Please give **correctly** filled in entry form to:

(each club enter your preferred name and date here)

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Submitted times must be equal to, or faster than, the "Faster than" times
and must be slower than the "Slower than" times.

SHREWSBURY ASC AUTUMN OPEN MEET 2018

Licence N°: 3WM181734

ENTRY SUMMARY SHEET

Affiliated to the West Midland Region

Under ASA Laws and Technical Rules

Swimmers must be ASA\WASA\SASA registered to be eligible to compete in the Meet

Please complete and return with the SportSystems Entry Fee Report and Entry File
by email to kath.kynaston@btinternet.com or by post (address on Promoter's Conditions)

NAME OF CLUB:	
Contact Name:	Tel N°:
Email address:	
N° of <u>Male</u> entries @ £5.50 =	£
N° of <u>Female</u> entries @ £5.50 =	£
N° of Coach Passes @ £18.00 =	£
TOTAL COST TO BE PAID TO SHREWSBURY ASC =	£

PLEASE MAKE CHEQUES PAYABLE TO: "SHREWSBURY ASC"
or pay using BACS/Online Banking: 40-41-30 / 42035235 / Shrewsbury ASC.

Closing date for entries: SATURDAY 15TH SEPTEMBER 2018 (Midnight)

COACH PASSES	
Name of Coach / Team Manager	DBS (CRB) Number