SHREWSBURY ASC SPRING SPRINTS MEET 2019 ENTRY FORM

Affiliated to the West Midland Region Under ASA Laws and Technical Rules

Swimmers must be ASA\WASA\SASA registered to be eligible to compete in the Meet

This entry form is for Club use and for individual entrants.

Club entries to be submitted electronically.

PLEASE PRINT NAMES & SUBMITTED TIMES CLEARLY IN BLOCK CAPITALS

,		(25m) or converted from 5	
Event 50m Freestyle	Submitted Time	Event 50m Backstroke	Submitted Time
30m reesty.e		Join Buonstroke	
100m Freestyle		100m Backstroke	
50m Breaststroke		50m Butterfly	
LOOm Breaststroke		100m Butterfly	
100m Ind Medley			
Total No of Events	s entered	@ £5.00 per event =	£

Submitted times must be equal to, or faster than, the "Faster than" times and must be slower than the "Slower than" times.