



## SHREWSBURY ASC WINTER OPEN MEET (3WM171234)

16<sup>th</sup> & 17<sup>th</sup> DECEMBER 2017

**Under ASA Laws and FINA Technical Rules**  
(Affiliated to Shropshire ASA and West Midlands ASA)

### Promoter's Conditions

1. This event is designated by the ASA for entry into County and Regional Competitions and Championships.
2. This meet will be licensed at Level 3.
3. The event will be held at the Central Baths, 3 Bath Avenue, Wolverhampton WV1 4EG. The pool is 25 metres with 8 lanes.
4. Age groups will be: 9, 10/11, 12/13, 14/15, 16 & Over. Age will be the age of the swimmer on 17<sup>th</sup> December 2017
5. Entries will open on 11<sup>th</sup> September 2017 and will be on a first-come first-served basis.
6. The Meet pack will be available from 7<sup>th</sup> July 2017 on the SASC website, [www.shrewsburyasc.co.uk](http://www.shrewsburyasc.co.uk)
7. Closing date for entries is Friday 17<sup>th</sup> November 2017 (midnight). Entries received after this date may not be accepted. The promoter reserves the right to close entries if the event becomes full before this date. No refunds will be made to competitors who withdraw after advice of acceptance. However, refunds on medical grounds may be considered.
8. All entrants must be ASA Category 2 registered members of their Association and of an affiliated Club, and amateurs as defined by ASA Laws.
9. All events cost £5.50. Club entries must be submitted electronically and confirmatory forms sent to SASC. Individuals may submit paper entries. Payment can be made online using your club's name or individual's name as reference. SASC bank details will be sent to you upon request. Payment can also be by cheque made payable to "Shrewsbury ASC".
10. Events will be 50m, 100m and 200m all strokes, 100m, 200m and 400m IM and 400m Free. Please note: 9 year olds may not enter 100s or 400 IM
11. Entry times must be short course (25m) or converted from 50m to 25m. Times must be equal to, or faster than the "Faster than" times and must be slower than the "Slower than" times.
12. The promoter reserves the right to refuse an entry. Incorrect, incomplete or illegible entries and entries without the correct fees will not be accepted. Entries are accepted on the understanding that the competitor accepts the Promoter's Conditions. Swimmers' ASA Numbers MUST be shown on the entry form.
13. Acceptances and refunds will be advised by email at the earliest opportunity. Refunds will be made available for collection on day of meet – please await announcement.
14. The Meet will run without entry cards. Withdrawals must be posted no later than 45 minutes before the start of the session. It will be the responsibility of coaches to ensure that their swimmers are fully aware of this arrangement.

15. Clubs may have a maximum of three poolside managers (coaches) who will be admitted on production of a Poolside Pass. These will cost £15 for a full weekend. They will be available to collect on the day and will include a programme and start lists.
16. Events may have “over the top” starts except backstroke which may have “side-by-side” starts.
17. All events will be Heat Declared Winner.
18. The order of the events may be changed at the discretion of the referee.
19. Entries will be seeded into heats from submitted times, with the slowest heat first. The final heat of each event will be spear-headed.
20. Spectators will be charged for entry: £4.00 per session, £7.00 for all day, £12 for full weekend. Programmes for the full weekend will cost £3.00.
21. Awards will be given to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in each event and age group (9, 10/11, 12/13, 14/ 15, 16 & Over). Awards must be collected at the Meet. No awards will be forwarded afterwards unless it is the fault of SASC that they couldn't have been collected.
22. There will be Top Boy and Top Girl Awards in each age group which will be presented at the end of the Sunday afternoon session. These will be calculated on a points system with 1<sup>st</sup> = 6 pts, 2<sup>nd</sup> = 5 pts, 3<sup>rd</sup> = 4 pts etc. Again, these must be collected on the day.
23. There will be a trophy for the Top Visiting Club.
24. No photography will be permitted at this event. SASC will make every effort to appoint a professional photographer for some, or all, of the weekend. This will be in line with our Photography Policy (please see SASC website). Photography will only be permitted in the foyer of the building, however, we ask that you adhere to the Wavepower ASA guidance on photography, sharing of images and social media. This is available via our website in the joining/policy page section 2 subsection 2.4.
25. Please note that whilst Shrewsbury ASC is hiring the pool we do not have exclusive use of the venue itself. Therefore gym members may be using the changing rooms at any time during the weekend. They are “members of the gym” whose details are recorded with the venue, they are not general members of the public walking in off the street.
26. Data Protection. With the submission of entry details, consent is deemed to have been given, as required of the Data Protection Act, to the holding and distribution, as necessary, of personal information on computer, to enable the running of the Meet.
27. The event is run under ASA Laws and FINA Technical Rules, and any laws or rules not covered by the Promoter's Conditions shall be covered by the ASA Laws on Open Competitions. By submitting an entry participants have deemed to agree to such decisions.
28. The Promoter reserves the right to amend the Conditions if necessary to ensure the smooth running of the Meet, having first obtained the approval of the Licensing Officer.

Further information can be obtained from the Promoter:

Mrs Kath Kynaston, [kath.kynaston@btinternet.com](mailto:kath.kynaston@btinternet.com)  
34 Westfields Close, Baschurch, Shrewsbury, Shropshire SY4 2EW

# **SHREWSBURY ASC WINTER OPEN MEET 2017**

**Licence No: 3WM171234**

## **PROGRAMME OF EVENTS**

### **Saturday 16<sup>th</sup> December 2017**

**Warm up 8.30am Start 9.30am**

#### **SESSION 1**

Event 01	M	400 Free
Event 02	F	200 IM
Event 03	M	50 Breast
Event 04	F	50 Free
Event 05	M	200 Back
Event 06	F	100 Back
Event 07	M	100 Fly
Event 08	F	200 Fly
Event 09	M	50 Back

### **Saturday 16<sup>th</sup> December 2017**

**Warm up TBC Start TBC**

#### **SESSION 2**

Event 10	F	400 IM
Event 11	M	200 Free
Event 12	F	50 Fly
Event 13	M	200 Fly
Event 14	F	100 Free
Event 15	M	200 Breast
Event 16	F	100 Breast
Event 17	M	100 IM

### **Sunday 17<sup>th</sup> December 2017**

**Warm up 8.30am Start 9.30am**

#### **SESSION 3**

Event 18	F	400 Free
Event 19	M	200 IM
Event 20	F	50 Breast
Event 21	M	50 Free
Event 22	F	200 Back
Event 23	M	100 Back
Event 24	F	100 Fly
Event 25	M	50 Fly
Event 26	F	50 Back

### **Sunday 17<sup>th</sup> December 2017**

**Warm up TBC Start TBC**

#### **SESSION 4**

Event 27	M	400 IM
Event 28	F	200 Free
Event 29	M	100 Free
Event 30	F	200 Breast
Event 31	M	100 Breast
Event 32	F	100 IM

**BOYS (SC times)**

		<b>9</b>	<b>10 &amp; 11</b>	<b>12 &amp; 13</b>	<b>14 &amp; 15</b>	<b>16 &amp; Over</b>
<b>50 Free</b>	Faster than	59.50	52.70	43.90	38.00	36.50
	Slower than	36.00	31.70	28.70	25.50	23.90
<b>100 Free</b>	Faster than		1.44.50	1.32.40	1.22.30	1.18.50
	Slower than		1.06.10	57.10	52.90	51.90
<b>200 Free</b>	Faster than	4.45.70	3.54.00	3.23.70	2.58.50	2.47.10
	Slower than	3.01.00	2.34.70	2.17.10	2.03.00	1.54.30
<b>400 Free</b>	Faster than	8.50.00	8.08.00	7.10.58	6.20.40	5.55.00
	Slower than	5.40.00	5.18.00	4.22.26	4.15.66	4.03.00
<b>50 Breast</b>	Faster than	1.16.30	1.07.30	55.00	47.80	44.20
	Slower than	47.40	40.90	36.00	31.70	30.20
<b>100 Breast</b>	Faster than		2.24.50	1.59.20	1.43.50	1.37.30
	Slower than		1.30.00	1.13.00	1.08.30	1.05.90
<b>200 Breast</b>	Faster than	5.58.80	5.14.50	4.20.50	3.45.50	3.30.90
	Slower than	3.47.00	3.16.40	2.53.60	2.34.10	2.29.50
<b>50 Fly</b>	Faster than	1.06.60	58.00	49.10	41.20	39.70
	Slower than	41.00	35.10	31.60	28.00	25.90
<b>100 Fly</b>	Faster than		2.00.80	1.45.80	1.32.00	1.24.00
	Slower than		1.22.00	1.04.00	58.50	58.30
<b>200 Fly</b>	Faster than	5.40.20	4.36.20	3.52.00	3.22.20	3.06.90
	Slower than	3.38.00	2.57.90	2.35.30	2.20.00	2.11.40
<b>50 Back</b>	Faster than	1.08.10	1.01.90	55.80	42.70	40.10
	Slower than	41.70	36.50	32.70	28.00	27.85
<b>100 Back</b>	Faster than		1.59.30	1.46.60	1.32.60	1.25.70
	Slower than		1.12.50	1.04.60	1.01.00	1.00.90
<b>200 Back</b>	Faster than	5.14.60	4.35.20	3.47.10	3.18.90	3.04.40
	Slower than	3.17.00	2.51.20	2.31.90	2.15.00	2.11.90
<b>100 IM</b>	Faster than		2.25.08	1.55.60	1.38.97	1.35.22
	Slower than		1.20.20	1.08.80	1.04.10	1.00.70
<b>200 IM</b>	Faster than	5.27.10	4.43.20	3.52.90	3.21.20	3.09.90
	Slower than	3.22.90	2.54.80	2.35.90	2.16.20	2.12.10
<b>400 IM</b>	Faster than		9.27.40	8.08.60	7.12.60	6.40.30
	Slower than		5.32.40	5.28.90	4.37.10	4.32.50

**GIRLS (SC times)**

		<b>9</b>	<b>10 &amp; 11</b>	<b>12 &amp; 13</b>	<b>14 &amp; 15</b>	<b>16 &amp; Over</b>
<b>50 Free</b>	Faster than	59.60	52.80	44.10	40.90	39.50
	Slower than	36.20	32.20	30.00	27.90	27.00
<b>100 Free</b>	Faster than		1.47.40	1.35.60	1.27.60	1.24.90
	Slower than		1.04.50	1.00.40	0.58.40	57.90
<b>200 Free</b>	Faster than	4.27.30	3.53.50	3.24.90	3.09.00	3.01.80
	Slower than	3.01.60	2.34.20	2.21.20	2.14.10	2.06.10
<b>400 Free</b>	Faster than	9.09.00	8.11.01	7.06.01	6.34.80	6.20.10
	Slower than	6.10.00	4.53.98	4.33.85	4.23.10	4.21.85
<b>50 Breast</b>	Faster than	1.16.40	1.07.40	56.80	51.20	49.60
	Slower than	47.60	41.10	37.60	35.00	34.10
<b>100 Breast</b>	Faster than		2.17.60	2.01.20	1.51.60	1.45.80
	Slower than		1.19.50	1.15.70	1.14.80	1.12.03
<b>200 Breast</b>	Faster than	5.36.40	4.58.00	4.18.80	3.56.20	3.48.00
	Slower than	3.47.10	3.16.30	2.57.70	2.49.80	2.42.90
<b>50 Fly</b>	Faster than	1.06.80	58.40	48.70	44.70	42.90
	Slower than	41.30	35.40	32.70	31.20	29.20
<b>100 Fly</b>	Faster than		2.01.70	1.45.20	1.37.20	1.33.50
	Slower than		1.11.00	1.07.40	1.04.90	1.01.90
<b>200 Fly</b>	Faster than	5.25.30	4.31.40	3.51.10	3.31.10	3.22.80
	Slower than	3.39.40	2.57.20	2.37.10	2.29.80	2.27.00
<b>50 Back</b>	Faster than	1.08.20	1.00.10	50.80	47.60	44.80
	Slower than	41.90	36.40	33.80	32.20	31.10
<b>100 Back</b>	Faster than		2.01.80	1.46.70	1.38.90	1.33.80
	Slower than		1.16.50	1.07.30	1.06.30	1.04.80
<b>200 Back</b>	Faster than	4.55.10	4.18.80	3.45.60	3.28.00	3.19.80
	Slower than	3.17.70	2.49.70	2.34.10	2.28.00	2.25.90
<b>100 IM</b>	Faster than		1.59.76	1.43.96	1.33.06	1.25.41
	Slower than		1.18.00	1.12.70	1.10.80	1.08.60
<b>200 IM</b>	Faster than	5.02.30	4.23.40	3.52.50	3.23.50	3.24.10
	Slower than	3.22.00	2.54.20	2.39.90	2.30.00	2.23.50
<b>400 IM</b>	Faster than		9.24.15	8.05.90	7.27.90	7.09.50
	Slower than		5.29.90	5.02.80	4.54.80	4.49.90

# SHREWSBURY ASC WINTER OPEN MEET 2017

## ENTRY FORM

Affiliated to the West Midland Region

Under ASA Laws and Technical Rules

Swimmers must be ASA\WASA\SASA registered to be eligible to compete in the Meet

This entry form is for Club use and for individual entrants.

Club entries to be submitted electronically.

**PLEASE PRINT NAMES & SUBMITTED TIMES CLEARLY IN BLOCK CAPITALS**

Swimmer's Name: ..... Club: .....

Date of Birth: ..... Male/Female: ..... Para Swimmer? Yes/No .....

Age on 17<sup>th</sup> December 2017: ..... ASA/WASA No: .....

Email address (individual entries only) .....

Entry times must be short course (25m) or converted from 50m to 25m.

Event	Submitted Time	Event	Submitted Time
50m Freestyle		50m Backstroke	
100m Freestyle		100m Backstroke	
200m Freestyle		200m Backstroke	
400m Freestyle		50m Butterfly	
50m Breaststroke		100m Butterfly	
100m Breaststroke		200m Butterfly	
200m Breaststroke		200m Ind Medley	
100m Ind Medley		400m Ind Medley	

Total No of Events entered ..... @ £5.50 per event = £ .....

**PLEASE MAKE CHEQUES PAYABLE TO: "SHREWSBURY ASC"**

or pay using BACS/Online Banking, account details available upon request from Promoter.

**Closing date for entries: FRIDAY 17<sup>th</sup> NOVEMBER 2017 (Midnight)**

Please give **correctly** filled in entry form to:

*(each club enter your preferred name and date here)*

.....  
Submitted times must be equal to, or faster than, the "Faster than" times  
and must be slower than the "Slower than" times.

# SHREWSBURY ASC AUTUMN OPEN MEET 2016

Licence N°: 3WM171234

## ENTRY SUMMARY SHEET

Affiliated to the West Midland Region

Under ASA Laws and Technical Rules

Swimmers must be ASA\WASA\SASA registered to be eligible to compete in the Meet

Please complete and return with the Hy-Tek Entry Fee Report and Entry File  
by email to [kath.kynaston@btinternet.com](mailto:kath.kynaston@btinternet.com) or by post (address on Promoter's Conditions)

<b>NAME OF CLUB:</b>	
<b>Contact Name:</b>	<b>Tel N°:</b>
<b>Email address:</b>	
N° of <u>Male</u> entries ..... @ £5.50 =	£
N° of <u>Female</u> entries ..... @ £5.50 =	£
N° of Coach Passes ..... @ £15.00 =	£
<b>TOTAL COST TO BE PAID TO SHREWSBURY ASC =</b>	<b>£</b>

PLEASE MAKE CHEQUES PAYABLE TO: "SHREWSBURY ASC"  
or pay using BACS/Online Banking, account details available upon request from Promoter.

**Closing date for entries: FRIDAY 17<sup>th</sup> NOVEMBER 2017 (Midnight)**

<b>COACH PASSES</b>	
<b>Name of Coach / Team Manager</b>	<b>DBS (CRB) Number</b>